

Happiness. We're all in pursuit of happiness in one way or another. And over the last few years, we've interviewed a number of executives on what it is that makes them happy and I think you'd be surprised a little bit about what the results have been. People have said things like:

One – "I want to feel that I'm important."

Two – "I want to feel like I make a difference."

Three – "I want to work with people I like and who like me."

Four – "I want to basically be doing a job, which – guess what – I'm learning and growing."

And that's a lot of what this chapter is about. Learning and growing. So what happens to us sometimes is that we do get stuck in our success. We satisfy some basic needs and forget that one of the fundamental needs for us as we get older is to keep learning and growing.

Look at Alan Webber [founder of *Fast Company* magazine who left his top position at the *Harvard Business Review*] and what he was able to do stuck in a success where he had all the different trappings that you could think of – money and prestige and the like. But he realized that his own need to grow would require him to try something else, something a little bit risky. But, in a way, it was really no risk at all.